Reducing Nutrient Loss: Science Shows What Works



lowa has been working for decades to protect and improve water quality. However, progress measured toward reduction targets at the watershed scale has been challenging, and many complex nutrient-related impacts in lowa's lakes, reservoirs, and streams remain to be addressed.

The Iowa Nutrient Reduction Strategy is a science and technology-based framework to assess and reduce nutrients to Iowa waters and the Gulf of Mexico. It directs efforts to reduce nutrients in surface water from both point and nonpoint sources in a scientific, reasonable, and costeffective manner.

It was prompted by the 2008 Gulf Hypoxia Action Plan that calls for lowa and other states along the Mississippi River to develop strategies to reduce nutrient loadings to the Gulf of Mexico. The plan established a goal of at least a 45 percent reduction in total nitrogen and total phosphorus loads.

The lowa strategy is a coordinated approach for reducing nutrient loads discharged from the state's largest wastewater treatment plants, in combination with targeted practices designed to reduce loads from nonpoint sources such as agriculture.

Success can be achieved using the tools known to work, such as targeted, voluntary conservation measures, in conjunction with research, development, and demonstration of new approaches. The goal is application of proven practices in fields and cities across lowa.

Science Provides Guidance

The strategy related to farmland is built on a scientific assessment of practices and associated costs to reduce loading of nitrogen (N) and phosphorus (P) to Iowa surface waters.

The College of Agriculture and Life Sciences at Iowa State University and the Iowa Department of Agriculture and Land Stewardship partnered to conduct the scientific assessment. The science team consisted of 23 individuals representing five agencies or organizations.

The objective of the science assessment was to identify and model the effectiveness of specific practices at reducing N and P reaching the Gulf of Mexico.

The assessment involved establishing baseline conditions, reviewing scientific literature, estimating potential load

reductions, and estimating implementation costs. The assessment shows that broad implementation of a combination of practices will be needed to reach desired load reductions.

A Closer Look

The need to increase voluntary efforts to reduce nutrient loss is one of the key points related to agriculture in Iowa's Nutrient Reduction Strategy.

The science assessment identified effective nutrient reduction practices in three categories — nitrogen and phosphorus management, land use, and edge-of-field. (See charts on pages 3-4.)

Management practices involve application rate, timing, and method, plus the use of cover crops and reduced tillage.

Land use practices include perennial energy crops, extended rotations, grazed pastures, and land retirement.

Edge-of-field practices involve drainage water management, wetlands, bioreactors, buffers, terraces, and sediment control.

Some practices that have the greatest potential are highlighted here.

Management Practices – Nitrogen

Rate Reduction: Matching N application rates with the Corn Nitrogen Rate Calculator, a university developed online tool, has potential to reduce nitrate-N loss. This tool estimates optimal N rates based on fertilizer and corn prices. (Find the calculator here: http://cnrc.agron.iastate.edu).

Nitrification Inhibitor: Research shows a corn yield increase plus a nitrate-N loss decrease when using a nitrification inhibitor (Nitrapyrin) with fall applied anhydrous ammonia. The only cost associated with this practice is the material. There is a corn yield increase of approximately 6 percent.

Sidedress: Sidedressing N can be done in different ways and with different sources of N, yet the concept of applying fertilizer after corn emergence is consistent. This strategy includes applying N during plant uptake, as well as timing to reduce the risk of loss from leaching events. Sidedressing also allows the N rate to be optimized by either soil sampling or crop canopy sensing.

Management Practices – Phosphorus

Consider Soil-Test P: This practice involves not applying P on fields where the Soil-Test P (STP) values exceed the upper boundary of the optimum level for corn and soybean in Iowa. The practice would continue until the STP level reaches the optimum level.

Cover Crops: Planting a late summer or early fall seeded cover crop can reduce P loss. For example, winter rye offers benefits of easy establishment, seeding aerially or by drilling, growth in cool conditions, initial growth when planted in the fall, and continued growth in the spring. Cover crops also are effective at reducing N loss.



Reduced Tillage: Conservation tillage, where 30% or more of the soil surface is covered with crop residue after planting, or no-till, where 70% or more of the soil surface is covered with crop residue after planting, reduces soil erosion and surface runoff. Reduced erosion and runoff also reduces P transport.

Land Use Practices – Nitrogen and Phosphorus

Extended Rotations: Extended rotations reduce the application and the loss of both P and nitrate-N. If a shift to extended rotations is significant, the amount of corn and soybean produced in lowa would be reduced, along with an increase in alfalfa production that could support increased livestock production for alfalfa feeding. Another benefit would be improved soil quality.



Energy Crops Replacing Row Crops: Although there is not a current large market for perennial biomass crops as a source for energy or transportation fuel production, there are local and regional markets. Replacing row crops with energy crops or integrating energy crops within the rowcrop landscape decreases erosion, surface runoff, and leaching losses in the area implemented; therefore, the loss of both P and nitrate-N is reduced. An added benefit is an increase in wildlife habitat.

Edge-of-Field Practices – Nitrogen and Phosphorus

Wetlands: Wetlands targeted for water quality benefits show great potential for nitrate-N reduction. Wetland costs include design, construction, buffer seeding, maintenance, and land acquisition. In addition to water quality benefits, these wetlands provide other benefits such as improved aesthetics and habitat.



Bioreactors: Subsurface drainage bioreactors also show good potential for nitrate-N reduction. Bioreactor costs include control structures, woodchips, design, construction, seeding, additional tile, management, and maintenance.

Buffers: Edge-of-field technologies such as buffers are designed to settle sediment and sediment-bound N and P, along with retaining nitrate-N and dissolved P. Buffers also provide wildlife habitat, sequester carbon, reduce greenhouse gas emissions, stabilize stream banks, and potentially reduce flood impacts. Costs of buffers can vary greatly depending on width, type of vegetation, and the amount of earthwork required.

Saturated Buffers: Field tile drainage is intercepted in a riparian buffer and a fraction of the flow is diverted as shallow groundwater within the buffer. The nitrate-N contained in the tile drainage water is partially removed by plant uptake, microbial immobilization and denitrification.

Blind Inlet: Also commonly referred to as French drains are an alternative to a tile riser surface inlet for closed depressions. The gravel/aggregate filled trench over the subsurface tile still allows for surface drainage while filtering out debris and sediment and the P attached to the sediment.

Standard Practices[†]

The nutrient loss reduction practices presented here and their effectiveness presume that standard recommended practices are applied. Standard nutrient management practices include, but are not limited to:

- calibrating application equipment
- applying fall-applied ammonia products when the soil temperatures are 50°F and trending colder
- accounting all nutrient sources for the crop
- sampling manure and analyzing nutrient content
- basing replacement rates on realistic yield potentials
- not applying nutrients on frozen or snow-covered ground
- avoiding application where the risk of runoff to surface water is high (e.g. surface application near streams and tile inlets), and
- controlling sheet, rill, and ephemeral gully erosion.

More information on Iowa's Nutrient Reduction Strategy is available at www.nutrientstrategy.iastate.edu.